



# Colossians

## Bible Study Notes

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### Lesson 9

Teacher: Beth Seifert

## “Truth, Love, and a Warning”

### Colossians 2:16-23, Ephesians 4:15-16

1. Read 1 Peter 3:13-17. The suffering a believer should face is suffering for what? If this is what we are suffering for (as opposed to suffering consequences of our sins), what assurance do we have? How do we honor Christ as holy in our hearts? (What evidence in our lives would demonstrate we are honoring Christ?) In light of that, what should we always be ready for? In what manner should we be ready to do this? If we behave in this manner, what will occur when others slander us? What is the “better” suffering?
2. Read 1 Corinthians 6:9-11. We’ve looked at this before, but it bears repeating. What should we not be deceived regarding? Are these things far outside our experience or not? What is the difference in our lives now?
3. Read Ephesians 4:11-16. What is the purpose of God giving different gifts to individual believers? What does Paul say it looks like to be built up to the full “measure”? What is the purpose of speaking the truth in love? What would the opposite of speaking the truth in love be? What happens when each part of the body is working the way it is supposed to?
4. Read Matthew 7:1-5. Does this passage say that all judging is bad? What is the conclusion of this passage? What does that tell you about how the care we should take when making a judgment?

As you spend time in prayer today, read 2 Corinthians 13:5-6. Why are we to examine ourselves? Ask God to help you to examine yourself without justifying yourself; if you are not truly in the faith, this is something that you need to know and deal with right now because eternity matters. If we are in the faith, truly in the faith, Jesus will live in us. Ask God to help you to see whether that is true in your life or not. Examine your life in light of His word and, if you find that you are not part of Him, cry out to Him for mercy today. As believers, we are to continue to examine our lives to be sure we are living in accordance with what we have been called to, so, even if you know you are regenerated by the Holy Spirit, examine your life. Ask Him to help you to see where you need to continue to grow and change to be conformed to His will.