



Colossians

Bible Study Notes

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Lesson 10

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“Walk the Walk”

Colossians 3:5-11

1. Read Colossians 3:5-9. Here, Paul gives us a list of sins (not an inclusive list of all sins, mind you, but a list of sins that we need to consider) that demonstrate we are not walking in the Spirit. Among them are the following: sexual immorality, impurity, passion, evil desire, covetousness, idolatry, anger, wrath, malice, slander, obscene talking, lying. As you look at this list, which do you struggle with? Confess those to God right now, and ask Him to help you to live as one who is covered in Christ, that by His strength, you may continue to defeat the sin at war within you.
2. Read Romans 7:15-23. What is the battle that Paul is describing here? Why is this such a battle for believers? Does this passage describe you? Do you delight in God's law with your inner being, while being unable to keep that law in your flesh? Does this passage from Paul encourage you or discourage you? Why?
3. Read Romans 8:1-4. What are believers no longer facing? What has set us free? Since the weakened flesh couldn't do what needed to be done, what did God do? What was thus fulfilled in the law?
4. Read 2 Peter 1:5-11. Because we have been saved, what should we make every effort to do? These qualities help us to do what? Lacking these qualities demonstrates that we have forgotten what? Why should we persevere in being diligent to practice these qualities?
5. Read 2 Corinthians 6:13-18. Why should believers not be yoked with unbelievers? What unique status do we have?
6. Read Galatians 2:20. In this letter, Paul was trying to correct the false teaching that we must live in obedience to the Mosaic Law as well as to Christ. Verse 20 sums up how our lives are changed when we submit to Christ. Who does Paul say now lives in us? Because of this, what is the purpose of our lives now? What did God do for us that we should live in this way?

Being obedient to what we have been called to as believers is not being legalistic, but is being, well, obedient. As you spend time in prayer today, ask God to help you see where you have been disobedient to what you have been called to, and repent of that. Ask Him to help you to earnestly desire to please Him and to glorify Him, and ask Him to help you to recognize the sin in your life, and to fight against it. Remember that you are the temple of the living God; His Spirit dwells in you. Thank God for the gift of His Spirit who convicts us of sin and renews our wills to be seeking after His will to glorify Him. Ask Him to help you to hate the sin you once loved, and to love Him more and more.