



### **Lesson 16: Testing their Faith**

Read Psalm 66:10-12. What has God done to us in these verses? Does this sound like a comfortable process? Why or why not?

Read Psalm 139:23-24. What does the Psalmist ask God to do in these verses? Why would we want God to do that?

Read Matthew 11:27-30. What does Jesus bid us to do? What does He promise if we do as He asks?

Notice that Jesus still promises that we will have burdens, but when we lay aside our burdens and follow His footsteps, we find that rest and we also find that His burden is light because He is the one who is carrying the burden.

Read Proverbs 3:5-6. Who are we to trust in? What are we not to rely on? What will He do?

Read Isaiah 48:10, and Zechariah 13:9. God tells us He has refined or purified us through what?

God continues to purify us for His purpose and His glory. This refining in our lives often comes through trials and struggles. We are never expected to go through those trials alone; He who has brought us to it will bring us through it, if we continue to rely on Him.