



Lesson 13 “Rejoicing and Peace” Teacher: Beth Seifert

Read Isaiah 9:6-7. Four names of Jesus are mentioned here; list them.

Read 1 Thessalonians 5:23-24. What is God Himself the God of?

Read Proverbs 14:30. Why would you want to have peace?

Read the following verses: Numbers 6:22-27, Psalm 29:10-11, John 14:26-27, Romans 8:5-7, Galatians 5:22-23, and 2 Thessalonians 3:16. Where, according to all these verses, does peace come from?

Read Psalm 119:165. The psalmist tells us that great peace comes to those who do what? Re-read Romans 8:5-6 and Galatians 5:22-23. The mind that is governed by the Spirit is one that is in line with God’s will and will love His statutes and laws.

Re-read John 14:26-27 and 2 Thessalonians 3:16, then read John 16:32-33, and Colossians 3:15. According to these verses, is the peace God gives temporary? Is it based on your circumstances?

Jesus tells us that He does not give as the world gives, that is, with strings attached or ready to take back what He has given at a whim. Because we can trust His promises, Jesus tells us in John 14:27 to not be what?

Read Luke 21:34. What weighs down our hearts?

Read 1 Peter 5:6-7. Where are we to place our anxieties?
Why?

Read Matthew 6:25-34. Jesus tells us not to worry about 4 things in verse 25, and one more thing in verse 28, and one more in verse 34 List them.

How many of these are worries for you?

What does Jesus tell us to seek after first?

Will our needs be ignored?

Read Matthew 13:3-9 and Matthew 13:18-23. What does the seed that fell among the thorns describe, according to Jesus?

God provides our peace, and He provides what we need. When we are weighed down by worry, instead of trusting Him to provide, we stop growing and stop bearing fruit.

Read Psalm 121. Read this as a prayer to God, today, to ask Him to help you to lift your eyes up to Him, to know that your help comes from the Maker of Heaven, and to trust in His promises more daily.

<http://www.youtube.com/watch?v=8QNRte5WSQs>
(Kutless version of "I Lift My Eyes up" on youtube)