



Lesson 1 Greetings and Salutations! Teacher: Beth Seifert

What do you think of when you hear the word “joy”? What does it mean to you?

There are well over 100 passages relating to joy in the Bible! Read John 9:9-17. According to Jesus, how can our joy be complete?

In John 9:13, what does Jesus say shows the greatest love?

With Christ’s joy in us, we can willingly and joyfully sacrifice ourselves for others. When we love each other as Christ has loved us, what are we then called?

Where do you go when need to be encouraged? To another person? To a place? To a book? To prayer? How long does that satisfy your need for encouragement?

When we go to anyone or anything else for our joy, they will eventually not be able to fill us anymore. We’ll need more than they can give.

When we go to God for our joy and our exhortation, we go to the source that never runs dry. He can always fill us up, He always has time for us, and HE always has the message we need to hear. We need to start each day with Him, to fill ourselves up with His Word and encouragement, and with conversation with Him in prayer.

When we do that, not only are we better able to deal with whatever comes that day, but, if we need a “refill” during the day, we can always go back to Him, at any point, and we will be filled from the everlasting source.