



# Colossians

## Bible Study Notes

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### Lesson 14

Teacher: Beth Seifert

### “Miss You Lots”

#### Colossians 4:7-18, Ephesians 6:21-22

1. Read through Romans 16:1-16. How many people does Paul list here, who are people he sends greetings to? How many of these people are women? What does that tell you about Paul's relationship with other believers?
2. Read Hebrews 13:1-3. What practical directions does the writer of Hebrews give for our conduct among our brothers and sisters in Christ? (These are specific to believers; this is not a call to visit prisons to create converts, although that is a worthy goal. The biblical mandate to go to prisons is to care for our brothers and sisters in Christ who are in chains for righteousness sake. )
3. Read Titus 2:11-15. What does this passage tell us we should be living for? How should our lives be characterized to accomplish this?
4. Read 1 Corinthians 9:24-27. How should we live our lives? What should our goal be? Knowing that our goal is not a physical one, how can we encourage each other to continue to run the race set before us, even when it is filled with suffering and pain?
5. Read Hebrews 12:1-2. What should we lay aside as we run our race? How can we do this?
6. Read Hebrews 12:12-15. Even as we face trials of many kinds, we need to remember that God has allowed the suffering we face and that God uses all things to bring the good of those who love Him and are called by Him (Romans 8:28). Knowing this, how does this passage encourage us to continue to go forward?

As you spend time in prayer today, thank God for the body of believers that He has provided for you to fellowship with and encourage and be encouraged by. Be thankful for this precious gift, and ask Him to help you to be an encouragement to your brothers and sisters, and to allow them to encourage you as well. Ask Him to help you to keep your eyes focused on the prize, that you may set aside all the weight of sin that holds onto you, without regret or remorse, striving to finish the race that you are running for His glory and your eternal reward. Praise Him for all that He has done to not only secure your reward, but to continue to dwell inside of you, shaping you more and more into His image. Without His action on your life, you would have no hope; thank Him today for the eternal hope He has provided. What an amazing God we serve!