



## Lesson 23

### “What was I doing again?”

Romans 7:14-25

Teacher Beth Seifert

© Naomi’s Table 2014

Like Paul, we find that there is a war in our flesh. Is there some sin (or perhaps more than one) that you hate, yet find yourself continuing to do?

Before you begin these questions today, take some time and jot those down and lift them up to God, asking Him to help you to continue to delight in His ways and to fight the sin in your flesh.

Read Galatians 4:8-9. What does Paul urge the church in Galatia *not* to turn back to?

Look at how he describes these as “weak” and “worthless” things that held them in slavery. What, from your life before you knew Christ, can *you* now see as worthless and weak that held you captive?

Read Galatians 5:16-18. What will *not* be gratified if we walk by the Spirit?

Why?

What are you no longer under if you are in the Spirit?

Read Psalm 119:47-48. How does the Psalmist describe God’s commandments and statutes?

Why would you feel that way toward God’s commandments?

Read Psalm 119:105-106. How does the Psalmist describe God’s word here?

What is the Psalmist desirous of keeping?

How does this go along with verses 47-48?

Read 1 Corinthians 15:12-19. If there is no resurrection from the dead, why does that remove our hope?

(There are at least 7 conditional—if/then—statements in this passage. Each “then” or “because” gives a further reason why our hope is pitiable without the resurrection from the dead.)

How does this go along with Paul's certainty that Christ will eventually rescue him when He returns?

As you spend time with God today, again, consider where you are walking. Are you fighting the sin in your flesh, or are you still living in it? Praise God for removing the weak and worthless things from your life before Him, and ask Him to continue to provide you with the ability to obey His commandments, and to love His commandments.

Remember that our Christian life is a work in progress, and we won't be completed until He returns. Ask Him to help you to see the progress that God has made in your life, and may you be encouraged by God's love and faithfulness to you today!