



Lesson 61: Temptation/Your lips look like a desert 1 Samuel 26:1-12

Read Matthew 6:5-13. As Jesus teaches the disciples (and us) how to pray, what is the primary thing to focus on as we pray? (verse 10)

What type of provision comes next?

What command and request comes after that? (verse 12) What are we to ask God to deliver us from?

Can we deliver ourselves from evil? Why or why not?

Read 1 Corinthians 10:11-13. God gave us His Word, with the glimpses of His people from the Old Testament, for what purpose?

Is the temptation you are facing a new temptation on earth? Why or why not?

Because God is faithful, what will He not allow?

What will He provide?

Read Romans 8:1-11. What do those who live according to the flesh set their minds on?

What does this equate to? (Verse 6)

Why? (Verse 7-8)

What does it equate to when you set your mind on the Spirit? (Verse 6)

If His Spirit is in us, what will our mortal bodies have?

Read Galatians 5:16-26 If you walk by the Spirit, what will you not gratify?

Why?

What are the works of the flesh?

What is the warning that comes with those things?

What are the fruit of the Spirit?

What have those who belong to Christ Jesus done to their flesh? W

What should we not do, if we are living in step with the Spirit?

Read Galatians 6:6-8. What will the one who sows to his flesh reap?

What does that mean?

What will the one who sows to the Spirit reap?

As you spend time with God today, consider what temptations face you. Where do you find yourself falling the easiest?

Is it when that juicy bit of gossip comes your way and you just have to pass it on?

Is it when you see that thing you want in the store, and it's on sale for 10% off, so you buy it, even though you still can't afford it and you don't need it?

Is it when those friends push you to go along with them to watch that movie that you know isn't God honoring?

Take hold of the truth that God will always provide a way out of temptation.... if we'll take it.

Ask God to help you to see what you truly are desiring today: to follow the Spirit or to bend with your flesh. Ask Him to uproot those sins from your heart and help you to seek the things of the Spirit ever more closely today, and every day.