



**Lesson 38 (1 Samuel 16:14-24): Music Soothes the Savage Saul**

Read Colossians 3:1-17. Where are we to set our minds?

Why should we do this?

What are we to put to death?

What are we to put on?

Look closely at verses 8 and 9. Is there something in that list in verse 8 that you are, as it says in verse 9, lying to yourself about, telling yourself you can still sin in that way, while being a new creation?

What are we to put on “above all things”? Why?

Verses 14-16 tell us very specific things that we are to spend time doing, including reading His word, worshiping and praising Him, etc. What, on that list is something you need to focus on, to be deliberate about doing in your daily life?

What do you need to say “no” to or give up so you can do that?

How are we to do everything we do?

Read Philippians 4:6-7. What is Paul telling us not to do here? Why is that important? What does Paul tell us *to* do? *How* does he tell us to do that?  
(by \_\_\_\_\_ and \_\_\_\_\_)

Read 1 Thessalonians 5:16-22. Write down all the words that have no time limit or exceptions to them. (For example: always, all) Is there any time we are *not* to be giving thanks? Why?

No matter what you are facing today, you aren't facing it alone. God is always with you and He calls us to an extremely high standard; one we can't accomplish on our own strength.

We are to put aside the ways we used to live, and live as new creations, not lying to ourselves to justify our sin. We are to give thanks in all circumstances, even the exceptionally hard ones.

As you come before your Father in prayer, today, consider how you are living. Are you relying on Him for your strength so you can put aside your former way of life and live a life of constant prayer and thanksgiving....even when your circumstances are devastating?

It can be well with your soul, when you are drawing close to God and walking with Him, even if it isn't well with your circumstances. Talk to Him today.