



Lesson Four: In everything I will praise

Read Acts 5:40-42. What was the reaction of the disciples when they were beaten for Christ?

Read James 1:2-4. What are we to count our trials as? Why?

Read Romans 5:3-5. What does Paul do in his sufferings? Why?

Read 1 Peter 3:13-17. What will we “get” if we suffer for righteousness sake?

Read 1 Peter 5:6-10. What will happen after we have suffered?

Peter refers to suffering “for a little while” here. He’s not talking about suffering for a day or a week or a year; he’s talking about suffering during our brief lives on this earth. In light of that, how should we be viewing our time here on earth in comparison to eternity?

Read Romans 8:18-25. Paul compares our sufferings to something. What does he compare them to? What is his conclusion about how we should view our suffering?

Read 2 Corinthians 12:9-10. How does it make sense as Paul says here, “When I am weak, then I am strong?” Where is his strength coming from?

Read Psalm 28:7-8 and Isaiah 40:29-31. Who are we supposed to rely on for strength?

What is your storm today? What are you going through that has you swamped and feeling surrounded? Consider whether you are still relying on yourself to get yourself out of the storm, or you are relying on Him. How can you praise Him today, in your storm? Give thanks to Him for His provision today, even when you don’t see where to go next.